



charlotte  
children's  
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### Illness Policy

Charlotte Children's Center follows the Vermont state licensing regulations and guidelines regarding the health and safety of children exhibiting signs and symptoms of illness.

It is difficult for teachers to care for sick children and meet the needs of the rest of the class. For that reason, please refrain from sending your child into school if they are not healthy enough to participate in the daily activities. In the event that your child becomes ill during school hours, parents will be promptly notified by a staff member. Parents are encouraged to pick up their child as early as possible to prevent the spread of illness. If you cannot be reached, we will call the emergency contact listed in your child's file.

#### Children are considered too sick to be at school when:

- ***The illness, or child's reaction to it, requires more care than staff can provide or compromises the health and safety of other children and staff.***
- Exhibiting signs and symptoms of possible illness such as:
  - low grade fever (99-100)
  - unusual lethargy or irritability
  - unusual clinginess
  - persistent crying
  - constant runny nose (clear or yellow/green)
  - uncontrolled coughing or wheezing (including coughing that is regularly causing the child to gag)
  - coughing that causes persistent abdominal pain
  - lack of appetite or other signs of illness which require a higher level of care than staff can provide in a group setting and/or which compromise the health and safety of staff and other children.
- Child has persistent diarrhea (2 or more in the last 24 hours, for children in diapers, stool must be contained by the diaper)
- Significant fever as defined below:
  - Oral/thermal temperature of 100.4 degrees F or higher
- Child has a new-onset, undiagnosed rash with fever and/or behavioral change.
- Child has weeping skin lesions or blisters in the mouth accompanied by drooling (including mouthing of hands, toys, etc. which spreads saliva).
- Thick, white or yellow/green discharge from eye(s).

- Conjunctivitis (pink eye/viral & bacterial) until symptoms have resolved or until 24 hours after medications have been administered and approved for inclusion by your child's pediatrician.
- Untreated infestations, such as scabies or lice; child must be free of nits before returning to care.
- Vomiting two or more times in a previous 24-hour period, or any vomiting accompanied by symptoms of dehydration or other signs of illness.
- Contagious stages of chickenpox, until six days after the onset of rash or until all sores have dried and crusted.
- Any of the following illnesses until approved for inclusion by your child's pediatrician:
  - Mouth sores with drooling;
  - Impetigo, until 24 hours after medical treatment.
  - Strep throat, or other streptococcal infections elsewhere until 24 hours after the initial antibiotic treatment.
  - Mumps, until five days after onset of gland swelling.
  - Rubella and measles, until seven days after onset of the rash
  - Hepatitis
  - Shingles
  - Diphtheria
  - Meningitis
  - Other illness or symptoms of illness as determined by the program.

**Children must be fever, vomit, and diarrhea free for 24 hours in order to return to school.**

*\*If a teacher sends your child home sick, please do not send your child in the next day unless symptoms have SIGNIFICANTLY IMPROVED.\**

*Updated 9/1/2023*